



# EARTHQUAKE SUPPLIES

## Emergency supplies your family should have (store in an easily accessible closet)

- Cash**  
*(In an electrical failure, ATM's will not work)*
- Fire extinguisher**
- Swiss Army Knife**
- Enough non perishable food for 3-5 days**  
*Include things you really like to eat. (You will want comfort food. Include peanut butter, a bubble wrapped jar of jelly, and Chocolate)*
- Hand can opener**
- Coffee, tea bags, hot chocolate mix or a beverage of choice**
- Drinking water. 1 gallon per person per day**  
*(That's a lot of water)*
- Water purifying tablets**  
*(In case you run out of stored water.)*
- Crescent and pipe wrench to turn off gas and water pipes**
- Flashlights**
- Battery operated lanterns**  
*(you will want them to read or play games)*
- EXTRA BATTERIES AND BULBS!**
- Portable Battery Charger for your phone**  
*If the electricity is off for more than a day you will want to recharge your cell and/or tablet. You can find them online or in stores like Walmart and Target. A cell phone will not work in a big emergency. Too many people call at the same time and the lines fail. But you will be able to use it later if you have a way to recharge it.*
- Portable radio**
- Battery operated fan**
- An old-fashioned corded phone that plugs into an outlet**  
*This may be the only thing still working, when cordless phones won't work with the power out, and cell towers down.*
- Camp stove or barbeque so you can cook outside**
- Camp type coffee pot**
- Cooking pan**
- A tent, sleeping bags and a ground cloth**
- Broom and dustpan to sweep out the tent.**
- Waterproof heavy plastic bags.**  
*(These come in very handy)*
- Toilet paper and paper towels and /or wet wipes.**
- Paper plates, cups, forks, knives and spoons**
- Clothing**  
*Trash bag with 2 changes of clothing per person and an extra pair of shoes per person. Include jackets and rain ponchos (you can get these at a dollar store.)*
- Medicine**  
*Store any medicines you need to take regularly*
- First aid kit**
- An old pair of prescription eyeglasses**



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- And get some Aconite 6x**  
*Aconite is a homeopathic medicine that helps fight scared feelings. The long name for it is Aconitum Napellus. 6x is the strength. You can get it at any drugstore or health food store that carries homeopathic medicine. You can also give it to your pet. They get really scared too. It tastes like sugar pills and it is very safe.*

## **Pets**

- 3 days supply of food and medicine for your pet.
- Plastic drinking bowl and food dish
- Extra leash and /or carrying case.
- Comfort toy.
- Also put in the closet a box of favorite pictures and important papers.**

## **Extra Emergency Items**

- Camping toilet
- Solar Shower
- Battery operated TV
- If you have a laptop computer, get an extra long life battery.

## **Now this is important:**

On the days when Daylight Savings Time comes and goes, (Spring forward, Fall back)

## **CHECK YOUR SUPPLIES!**

Take out the old the packs of batteries and put in new ones.

Put in new food and water.

Check expiration dates on the medicine.

Change the batteries in the smoke detectors.

Hold a family earthquake drill.

Then have a party because you just lived six months without an emergency.